

Changeworks Training and Personal Development

Course Title	Home Appliances, Lighting and Smart Monitors
Course outline	Understanding the most efficient way to use appliances and lighting, including saving energy, running costs and monitoring consumption
Objectives	<p>Nearly a third of all carbon dioxide produced in the UK comes from energy used in the home and according to government figures, lighting and appliances contribute nearly a fifth of this.</p> <p>This course sets out to:</p> <ul style="list-style-type: none"> • Provide an understanding of the level of energy use in the home attributable to lighting and appliances • Identify potential energy efficiency savings • Identify the 'top 10' energy saving tips for householders • Understand what advice is appropriate and what is available from elsewhere • Provide clear practical guidance on smart monitors
Learning Outcomes	<p>By the end of the training, the participant would be better able to:</p> <ul style="list-style-type: none"> • Know how to use household appliances and lighting efficiently • Monitor consumption effectively • Understand domestic energy use, its costs, and to demonstrate successful ways householders can be more in control of their home energy use
Sessions	<ul style="list-style-type: none"> • Energy quiz • Appliance and lighting use • Calculating running costs and identifying ways to save • Understanding energy labels and ratings

	<ul style="list-style-type: none">• Encouraging efficient use of lighting• Using appliances efficiently• Monitoring electricity usage• Smart Monitors• Sources of help
Course cost	£99 plus VAT

To book a place, click [here](#) for the booking form